



Amazon



Amazon Oil Services



الأمازون للخدمات النفطية

APRIL 2018

**5 New Year's Resolutions
for a Happy and Healthy
- 2018**

**Need to diversify the
oil and gas sector**

**Amazon
Travel**

Employee Profile

**Mr. Sebti Hamici - Chief Rig -
Electrician**

**Social
Networking**
a positive impact
on our daily
lives?

Amazon

Amazon Oil Services is registered in Libya

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Message from the General Manager

Ahmed Mohamed El-Ghali
General Manager



Welcome to the April issue, 2018.

Another year is upon us and this has brought about ever increasing developments in AMAZON's good fortune. Once again on behalf of AMAZON management, I wish to express my sincere appreciation for your unrelenting support during these challenging times. Whereas we continue to bid farewell to some old family members, we continue to welcome new members of diverse nationalities to the Amazon Family.

As always has been the case, Amazon and myself places high priority in the welfare of our employees. Amazon will continue to ensure the comfort and wellbeing of its employees.

We would appreciate your feedback on the services provided by Amazon so that we can enhance on these services.

Having attained ISO accreditation we have welcomed new clients to our business. We trust that our proven track record in our ability to circumvent unprecedented events still provides an incomparable service to our clients that will continue to allow our business to flourish. AMAZON management fully recognises that the continued support and dedication from our loyal staff is the undeniable principal contributor to our achievements.

In conclusion, I would personally like to express my thanks to each and every one of you for your continued support, dedication and understanding during these difficult times and we trust that 2018 will see an overall improvement in the current situation.

We pray that peace and stability will return to Libya and AMAZON will continue to be the preferred and trusted recruitment partner to both our Clients and Candidates.

Amazon Oil Services (AOS) is a Libyan registered Company, with ISO 9001: 2015 accreditation, and its Head Office is in Tripoli with associates worldwide.

AOS serves the Libyan Oil & Gas Sectors in the provision of umbrella of engineering and technical support using highly skilled nationals and expatriates from all over the world.

Additional services and expertise offered include project management, consultancy, procurement and training.

Amazon ensures the Client benefits and achieves value for money where quality is of paramount importance.



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Amazon Travel

Our first newsletter for 2018 and as previous we continue to face yet further fresh challenges in the Travel sphere of operation however, we continue as always, to find equitable solutions to unprecedented events as they arise. Our employees continue to rotate to / from Libya even during these challenging times and indeed AMAZON continues to welcome new employees to the 'family' albeit not as many as previous regrettably due to Client budget restraints.

We now have ISO accreditation and we trust that this confirmed evidence of our professionalism within the industry will produce positive results. Whereas we bid farewell to some old employees we continue to welcome new Clients and employees.

Previously, our employees were required to obtain a so-called Mitiga Airport Approval to ensure unfettered entry to Libya. This requirement was instigated due to the possible existence of fraudulent visas being in circulation. Whereas this requirement is no longer mandatory, immigration are now making random checks to ensure that entrants to Libya have a ticket to egress Libya on completion of their visit. Amazon normally provides their employees with a ticket from Libya to their designated home airport and back

to Libya for their next rotation cycle. Amazon addressed this new requirement to pre-empt potential entry problems. Tickets issued to meet this requirement are identified on the employees travel itinerary when issued.

Early in January, we were advised of a change in the Brega flight schedule. Flights To / From Brega are now on Tuesday, Thursday or Saturday. It is thus important that employees take this in to account when they submit their travel requests. They should arrive back in Tripoli on a Monday, Wednesday or Friday to ensure that they do not have an extended stay in Tripoli pending the Brega flight. Likewise, they should determine their departure from Libya based on this revised schedule. One should recognise that certain International flights are not available on a daily basis (eg; to / from Amman, Dubai etc.) so if in doubt then please ask before Travel Requests are submitted. Also, in early January we were advised that the route between Dubai and Tunis with Emirates had been suspended for the foreseeable future for political reasons.

In some instances when flights are not available we may have to route our employees through Istanbul however this can raise further problems as certain nationalities are unable to obtain an Istanbul Transit Visa and

so cannot pass through immigration to collect their baggage or, reside overnight in a hotel. Transit Visas, when issued, are valid for 90 days with multi-entry so it is important that the employee retains this document for future travel use.

We recommend employees who cannot obtain a transit visa must travel with hand luggage only and require to remain in the airport pending their onward scheduled flight connection which could result in an extended transit time however this is unavoidable and we do our best to keep same to a minimum. Unfortunately, at this time, Libyan Airlines do not meet International Baggage Protocol requirements so luggage is NOT tagged through to the next airport as one would expect.

Last January, Italy was the only Western country to have an Embassy operating out of Tripoli followed by

AMAZON tracks the validity of these documents and issues new ones as and when required.

Turkey, however the UK and Dutch have indicated their intentions to re-open their embassies although there is no indication when this will be however we trust that this signals a possible return to normality.

AMAZON now issues all new employees with a Quick Reference Guide which informs the new employee of key contact details and a brief introduction to working in Libya. It will be noted that when tickets are issued a standard proforma is now used covering all aspects of an employee's itinerary. It is important that the recipient acknowledges receipt of their ticket and associated documents where applicable.

With the recent retention of new employees who require to obtain their visas in Tunisia we now have a nominated company representative in Tunis.

Indian National employees should be aware that flights to / from Amman are currently only available on a Monday or Thursday so they should schedule their departure on a Monday travelling from the field on the preceding Sunday and return on a Monday to catch the Tuesday flight to the field.

At this time, we unfortunately have a limited choice between three airlines to travel To / From Libya namely Libyan Arab Airlines, Afriqiyah Airways and Libyan Wings. Each airline has its own timetable however they are not scheduled to fly every day. We also have to consider Departure / Arrival times as you are no doubt aware, flights are subject to random delays which can have an impact on scheduled international flights thereafter.

As soon as an employee is aware that a delay will have an adverse impact on their scheduled International flight then our employees require to contact ourselves immediately in order that alternative arrangements can be determined. We now include emergency contact details when tickets are issued to ensure contact whilst our employees are in transit. Accordingly, we would reiterate that AMAZON employees provide

their mobile phone contact details. (Provision is made for this is on the Amazon Travel Request Form)

It will be noted that on occasion we are unable to issue Return tickets to Libya by a Libyan Airline when tickets are issued as they (the airline) do not make provision for advance bookings until their future schedules are available. The ticket is however forwarded to the employee as soon as the 'airline system' makes reservations possible.

Once a ticket is agreed and issued, the employee should recognize that AMAZON incurs a substantial penalty charge from the individual airlines should we be required to change a ticket so we request that our employees ensure that any ticket changes are limited and justified. Further, should an employee make their own arrangements and procure alternative tickets without AMAZON prior approval, then they (the employee) could become liable for such additional costs.

Unfortunately, there are instances wherein changes are required such as cancellation of the Brega flight due to adverse weather conditions inter alia. Recently, an employee changed their return date at the last minute wherein the time difference between countries was not taken in to account and the ticket was lost. Employees should always consider the time in Libya when making such changes.

There is no change in the Indian Government imposition of a travel ban on Indian Nationals travelling to Libya. As you will appreciate, AMAZON as a responsible Company, cannot disregard such formal directives and as such Indian employees determine their personal response to such directives.

Our current preferred route to / from Libya continues to be via Istanbul although we also use Tunisia and Amman where required and flights are available.

Canadian employees from Calgary should recognise that there are only certain days that we can route them direct without being required to travel via Ottawa. In such cases, they are advised on the closest date available to ensure direct flights.

We would also advise for the avoidance of possible doubt that on Mobilisation of a new employee and subsequent renewal of Visas then the visa will be issued for collection in the individual's home country or, if no Libyan Embassy is available in that country, then an alternative country will be determined. However, whereas AMAZON will arrange the visa and any required travel arrangements it is the employee's responsibility to arrange any required Transit Visa to facilitate collection of the visa.

We continue to emphasise the importance of submitting approved AMAZON Travel Request Forms to facilitate the arrangement of flights and that our employees ensure that internal flight connections are in place for their scheduled departure and return. Recently, after having issued an employee's tickets, we were informed that they were then unable to acquire a seat from Brega requiring the ticket to be changed at a substantial additional imposed penalty charge.

As previous, the current fluid situation has proven to be an overall logistical challenge however AMAZON continues to be diligent in their efforts to ensure seamless travel where possible on the dates as requested by our employees. Where this has not always been possible, we have sought an equitable compromise seeking as always the employee's approval prior to the tickets being issued.

In conclusion, once again we have faced every possible unprecedented scenario and have determined viable solutions to same and have been able to continue operating as normal within reason and we have to thank our employees for their understanding and perseverance during these difficult times.

Needless to say, unfortunately the 'Force Majeure' status imposed in 2014 still exists pending the resumption of International carriers to Libya following the closure of Tripoli International Airport on the 13 July 2014 and stability returns.

5 New Year's Resolutions for a Happy and Healthy – 2018

The New Year can be an exciting time, brimming with the promise of fresh starts and new beginnings. It's also an opportunity to recommit to your health and well-being. Most people have goals such as: Eat better, Exercise three times each week, and Drink more water. Creating these resolutions is easy enough. Sticking to them beyond the month of January, however, is another story. We have outlined below 6 relatively easy ways to try and ensure you begin the year in the same healthy way as you end it.

1. Practice mindful eating.

These days, it's common to eat your food with your eyes glued to a screen, but eating when you're distracted leads to overeating. Take time to slow down and pay attention to your food, pausing to put down utensils between bites. When you eat mindfully, it's easier to notice when you feel full, plus you're more likely to enjoy the foods you eat.

2. Adopt an attitude of gratitude

Take some time at the beginning or end of the day to reflect on what you're grateful for. A daily grateful

check-in or keeping a grateful journal is a way to shift your focus and minimise the distorting influence of stress. Reminding ourselves of the small, everyday positive aspects of our lives helps to develop a sense of balance and perspective that can enhance well-being. Whilst meditating and yoga can also help, trying to fit this into our busy schedules is another challenge altogether. This reflection is something that is easier to achieve and therefore more likely to be something that becomes a part of daily life.

3. Find 30 minutes a day to walk

Getting the recommended 30 minutes of exercise each day can be as simple as taking a walk. If you've got a busy schedule, take three 10-minute walks throughout your day. That's 10 minutes before work, 10 minutes at lunch and then 10 minutes after work. Getting to a gym can be fun and exciting at the start. However it is not long before the gym can seem like a daunting place you avoid. Finding ways to keep fit that you enjoy means you're less likely to make excuses to yourself not to do it. By making it more manageable you are not only enabling yourself

to keep fit, but also even those 10-minute walks can take the stress out of your busy days and get you outside enjoying fresh air.

4. Take the stairs

Making small, daily changes such as taking the stairs instead of the elevator may seem minor, but they can make a big difference for your heart in the long run. Individuals who are physically active are much less likely to develop cardiovascular disease. Incorporating these simple changes makes it easier to continue these healthy habits long into the year, as oppose to drastic changes which can easily stop before February even arrives.

5. Commit to a 30-day fitness challenge

Pick a fitness activity that's easy and doesn't require equipment, and commit to it for 30 days. There are many options to challenge yourself: practicing yoga, taking regular walks or joining a fitness class. Find what motivates you. Whatever you do, make yourself accountable or find an accountability partner. Whether your goal is to lose weight, lower cholesterol or have more energy to play with young ones, you have the power to make a change.



Need to diversify the oil and gas sector

Oil and gas companies need to start planning for a low-carbon future and embrace the opportunities it presents

With 40% of companies involved in the exploration and production of petroleum likely to move away from oil and gas in 2017, solar photovoltaics and energy storage offer alternative avenues in which oil and gas companies can invest

One does not have to look far to see signs that the oil and gas industry has a bumpy road ahead. Demand might stay high for decades, but given the dizzying pace of technological change, who would bet on that?

Take the recent pledges by India, France, Britain, and China to phase out petrol and diesel vehicles. Or the plummeting costs of grid-scale solar power, rapidly becoming cheaper than fossil-fuelled electricity.

These developments should cause oil and gas companies to think very carefully about their next move. Big investments in natural gas globally, made on the assumption that gas is a bridge to a clean energy future, may fall flat because renewables are

developing so swiftly.

The fact of the matter is that oil and gas companies need to start planning for a low-carbon future and embrace the opportunities it presents. One approach is to diversify their products and embrace renewable energy, one of four strategies that CSIRO has identified in its industry-led Oil and Gas Roadmap that outlines some of the future directions the industry might take.

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Renewables can be integrated into operations to reduce both the cost and the carbon intensity of operations. In the longer term, these technologies could help energy companies to develop more sophisticated offerings. For instance, hybrid solar and gas microgrids could be sold to developing nations, allowing them to leapfrog from energy poverty into clean, cheap distributed energy for all, effectively skipping expensive, centralised electricity grid infrastructure.

Gas-powered ships

Two more strategic opportunities focus on expanding the potential of the least carbon-intensive fossil fuel: natural gas.

For example, global demand for liquefied natural gas (LNG) for transport is expected to grow fourfold to 100 million tonnes a year by 2030, a prime target being maritime shipping. Meeting this LNG demand could open up a valuable market for Australia.

Another opportunity lies in the creation of higher-value products. Natural gas can be converted to many refined products that can fetch higher margins in the market, including diesel and other chemicals such as methanol and dimethyl ether.

More investment is needed to make conversion technology economically competitive, but it would be a wise investment, especially in light of Australia's lack of domestic strategic fuel reserves.

Hydrogen fuel is another possibility for Australian resource companies. It can be produced from gas, but in the future hydrogen fuel could also be manufactured by solar-powered electrolysis of water. Both would be good options, given Australia's abundance of gas and sunlight.

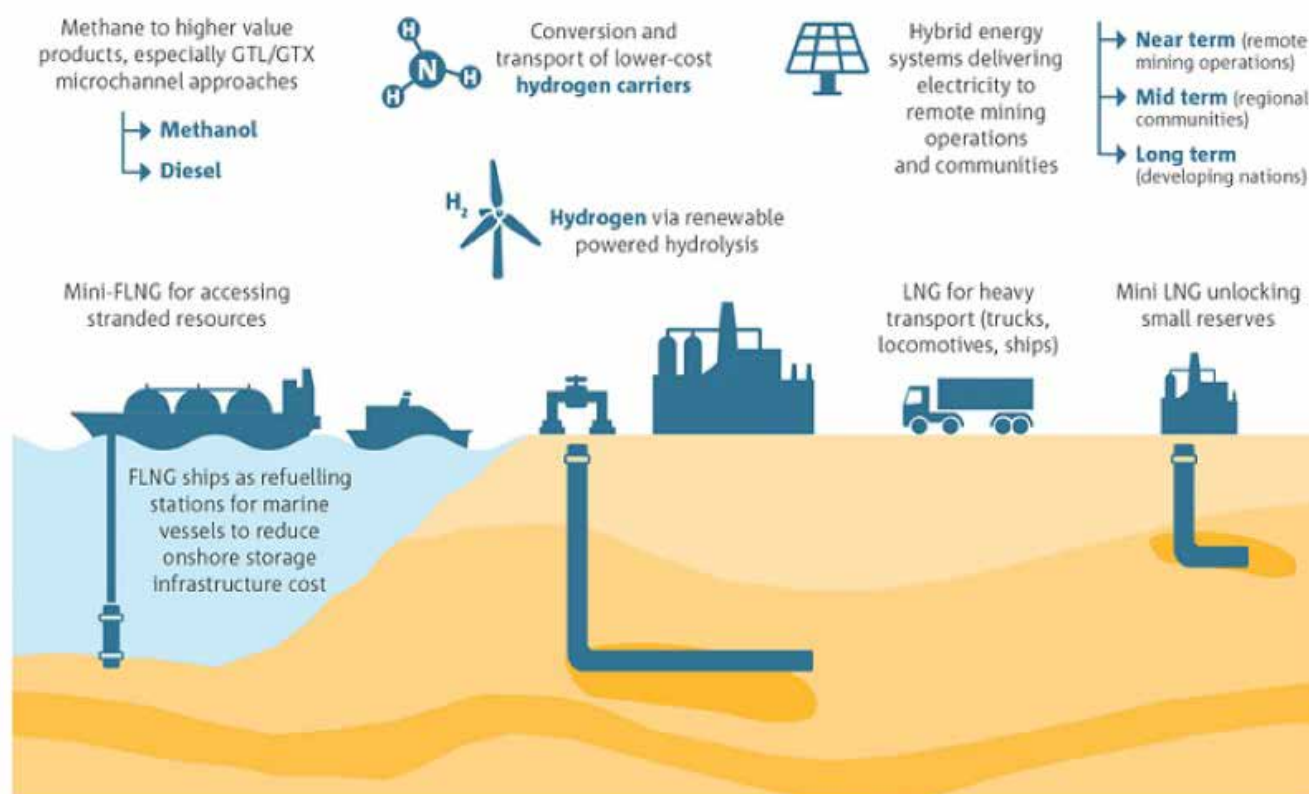
Investments will be needed to improve the production and transport economics of hydrogen, including the development of efficient technologies that can convert hydrogen carriers (like ammonia) to hydrogen at the point of use.

Our roadmap also suggests other ways for companies to get involved in the energy transition, by becoming more efficient, less wasteful, and more productive.

Advanced environmental solutions point to ways to improve water quality and reuse, reduce or eliminate greenhouse gas emissions (including sequestering carbon dioxide, controlling fugitive emissions, and finding alternatives to flaring), and finding the best ways to decommission assets like wells and offshore platforms after their useful life is over.

The industry needs to be much more efficient in exploring and producing oil and gas so that the life of existing assets can be lengthened, often using less environmentally damaging approaches such as waterless fracturing and reservoir rejuvenation using microbes. Robots and artificial intelligence could also help to improve efficiency and safety.

The oil and gas sector has an important role to play in the future of the energy sector, but that role is changing. Companies need to be proactive to remain relevant. If they pursue some of the opportunities outlined here, they will help ensure they stay viable into the future.



Social networking has changed the way we communicate, do business, get our daily news and so much more. Has this changed our world for the better or worse?

Social Networking- a positive impact on our daily lives?

That depends on whom you talk to and how you're using it. Some of the more popular sites include Facebook, LinkedIn and twitter. There are pros and cons to everything in life—and that includes our social networking habits.

Pros of Social Networking

Ability to connect to other people all over the world. One of the most obvious pros of using social networks is the ability to instantly reach people from anywhere. Use Facebook to stay in touch with your old high school friends who've relocated all over the country, or meet brand new people on Twitter from cities or regions you've never even heard of before.

Great opportunities for business owners. Business owners and other types of professional organisations can connect with current customers, sell their products and expand their reach using social media. There are

actually lots of entrepreneurs and businesses out there that thrive almost entirely on social networks and wouldn't even be able to operate without it.

Cons of Social Networking

Information overwhelm. With so many people now on social media tweeting links and posting selfies and sharing YouTube videos, it sure can get pretty noisy. Becoming overwhelmed by too many Facebook friends to keep up with or too many Instagram photos to browse through isn't all that uncommon. Over time, we tend to rack up a lot of friends and followers, and that can lead to lots of bloated news feeds with too much content we're not all that interested in.

Privacy issues. With so much sharing going on, issues over privacy will always be a big concern. Whether it's a question of social sites owning your

content after it's posted, becoming a target after sharing your geographical location online, sharing too much with the public can open up all sorts of problems that sometimes can't ever be undone.

Online interaction substitution for offline interaction. Since people are now connected all the time and you can pull up a friend's social profile with a click of your mouse or a tap of your smartphone, it's a lot easier to use online interaction as a substitute for face-to-face interaction. Some people argue that social media actually promotes antisocial human behaviour.

Focus on using social media for all the good points outlined in this article, but be wary of falling victim to the cons of an online interaction. That way you can take advantage of this modern way of communicating and let it enrich your life in more ways than one.



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Can you make a change or improve yourself

How you thought about changing or improving yourself in 2018?

Alleged experts and so called gurus suggest you should envision the future you want to achieve if you want to change your behaviour and habits. They suggest that you create a vivid mental movie of what it would look like to have succeeded at changing oneself. But does this concept work?

Scientists have investigated the link between future focused thinking and people's ability to achieve their goals. In a study they found that more people engaged in fantasising about positive future scenarios, the more positive they reported feeling at that point in time.

Fantasising, envisioning and daydreaming about a desired future can remove us from our monetary hassles and worries, so helping us to feel better instantly.

However when tracked over time, the participants in the study actually ended up feeling worse as the weeks turned into months. And why: wishing, hoping and thinking about a desired future seemed to reduce their motivation to achieve actual change. They put less time and effort into changing their circumstances, which

led to them becoming unhappier over time.

Such study offers us a clear warning. If your goal is simply to feel good, then by all means fantasise, wish and hope, but accept that you may achieve less long term. However, if your objective is to bring about real change, then you should avoid spending too much time dreaming and envisioning.

Then what is the solution to change successfully? A special research conducted worldwide looking at people's effort to change themselves, in groups from schoolchildren to entrepreneurs and business managers. The conclusion from this research is that a very particular type of goal format can significantly increase the chances that people follow through with their goals.

Dubbed implementation intentions, these goals are phrased in a very specific fashion: if situation X occurs, then I will do Y. For example, imagine that someone lacks confidence and wants to make stronger eye contact during meetings or even at job interview. He might write out the implementation intentions: *'if I am meeting someone one-to-one, I will remind myself to look at their eyes whenever they talk.'* Suppose a Manager wants to stop a

colleague from interrupting him so often. He might decide on a more targeted intention: 'If Mark talks over me, then I will ask "Please may I finish" and then I will continue with what I was saying.'

Or consider an executive who feels very stressed by work. An appropriate implementation intention could be: 'If I am feeling overwhelmed in a meeting, then I will breathe in and out 10 times.' In addition to cope with anxious feelings when sat at a computer, this executive might also write out a second intention: 'If I am feeling stressed when sat at my desk, I will walk to the kitchen and make myself a drink.'

The Research is currently unclear as to how many implementations intentions a person should have at any one time. What all these Studies and Research do show is that writing out implementation intentions in the specific format 'If X occurs, then I will do Y' helps people to achieve greater change in their lives.

SO WHETHER YOUR GOALS ARE PERSONAL OR PROFESSIONAL, TRUST THE SCIENCE



Employee Profile

Mr. Sebti Hamici - Chief Rig - Electrician

Sebti has over 30 years' field experience in the Oil and Gas Industry. He has a Professional Technical Aptitude Diploma in G/MEC from Algeria.

He has completed various training courses and obtained many essential certificates to help him progress throughout his professional career. Such certificates include: Electrical Technician Certificate, Electric Certificate in "S.C.R", Electric Certificate in Maintenance and Repair for Power Generators, H.S.E and H2S Gas Certificates and Rig Pass Training (QHSE + H2S Gas).

Sebti joined Amazon Oil Services as a Chief Rig - Electrician in January 2018.

Sebti is experienced professional technician in the fields of Electrical Maintenance, troubleshooting; Repair of all Electric Equipments of Oil Drilling Rigs. His experience was attained by working in various multinational companies.

Before joining Amazon family, Sebti worked as Senior Rig Electrician, for Burgan Well Drilling Co. (Kuwait) and Challenger/Bronco Drilling Company (Libya). Prior to that he also worked for ENAFOR LLC (Oman) and ENAFOR (Algeria) for over 20 years.

TÜO - Technical Supervision Organization
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Otto-Lilienthal-Strasse 36, 71034 Böblingen, Germany
certifies herewith that the enterprise

Amazon Oil Services

Nofleen, Aboseto, Tripoli - Libya

for the following scope

Technical Services and Support, Recruitment, Consultation,
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has established

a Quality Management System according to

ISO 9001:2015

An audit of the TÜO has proved evidence that the management system
conforms to the requirements of the standards mentioned.

Certification audit: 01.11.2017

1st supervisory audit:

Re-Certification:

2nd supervisory audit:


Validity of the certificate*) until: 05.12.2020

Certificate registration number: 010/2103/QM

Registration term: *) 3 years

Böblingen, 06.12.2017

*) in addition of annual supervisory audits


Dr. Maria Albrecht
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Eng. Fatma Almosallam
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TÜO

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CERTIFICATE

Photo Gallery





Amazon Oil Services thrives when it provides our clients with a bespoke quality service working with the support of our affiliates worldwide and our local office in Libya in the provision of high caliber Service and qualified Engineers.

Our Mission is to be the preferred and trusted recruitment partner to both our Clients and Candidates

We are always looking for talented professional Expats to join our team in all Oil & Gas Disciplines such as:

- Senior Mechanical Engineers
- Senior Electrical Engineers
- Senior Petroleum Engineers
- Senior Reservoir Engineers
- Senior Process Engineers
- Senior Geologists
- Senior Instrumentation & Control Engineers
- Senior EOR Engineers
- SAP Consultants
- Senior Civil Engineers

If you are interested in joining our '**Amazon Family**' please contact our Recruitment Team at:

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